

## Suggested Basic Emergency Kit Contents

- **Water** – 2 Litres of water per person per day ( include small bottles for easy transport in the case of evacuation)
- **Food** – Non perishable food items such as canned foods energy bars and dried food (remember to check expiry date annually)
- **Food and water for pets**
- **Water-proof matches or lighter**
- **Personal care products**
- **Manual can opener**
- **Flashlight and batteries**
- **Candles**
- **Battery-powered or wind-up radio**
- **First aid kit**
- **Special needs items** – prescription medication, infant formula or equipment for people with disabilities
- **Extra Keys** - for your house and car
- **Cash** – include smaller bills and change for using a pay phone
- **Personal documents** – insurance policies, copies of identification, copies of banking information and credit cards
- **Copy of the family emergency plan**
- **Change of clothing and footwear**
- **Sleeping bag or warm blanket**
- **Hand sanitizer**
- **Dish and utensil(s)**
- **Garbage bags**
- **Basic tools** – hammer, pliers, pocket knife, screwdriver, wrench
- **Camp stove and fuel**
- **Whistle**
- **Duct tape**
- **Tarp**([www.pep.gc.ca](http://www.pep.gc.ca))